

19th Annual

Thunder Run

And Family Fitness Day – 5K Run/Walk



Sunday July 9th, 2017

Hidden Pond Park
660 Terry Road, Hauppauge, NY 11788

5K Family Fitness Run/Walk: 9:00 am

- \$20.00 received by July 1, 2017
- Entrant under age 16 – \$10.00 (50% off) received by July 1, 2017
- \$30.00 received by July 2, 2017 and day of races, all ages
-

1K Kids Fun Run: 8:30 am

- \$6.00 received by July 1, 2017
- \$8.00 received July 2, 2017 and day of race

Make checks payable to:

Rolling Thunder Special Needs Program

Mail entries to:

Thunder Run 2017
c/o Stacy Wahl
28 Lafayette Dr.
Shirley, NY 11967

or

Register online at:

<https://runsignup.com/Race/NY/Hauppauge/ThunderRunandFamilyFitnessDay>

Directions:

LIE to exit 58N on Old Nichols Rd. Left on Terry Rd. Left at traffic light to the Hidden Pond Park entrance.

Check-in: Registration opens at 7:30am, located on the west side of the Rinx.

Notes:

- Race walkers must check in with official
- Reasonable accommodation request for disabled participants must be made by 6/30/17

First Name: _____ Last Name: _____

Address: _____ Town: _____ State: _____ Zip: _____

Email: _____ Phone: _____ Donation? _____

Age on race day: _____ Date of Birth: _____ Gender: Male Female

Thunder Run participant last year? Yes No T-shirt size: Youth L S M L XL 2XL

Race event: Fun Run 5K

Special categories: Sponsored Walk Race Walker Wheelchair Racer Male 185-199 lbs
 Male 200+ lbs Female 140-159 lbs Female 160+ lbs

Please complete blank entry, read the following statement and sign below. In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive and released any and all rights and claims for damages I may have against Rolling Thunder Special needs Program, Inc, Suffolk County, The Town of Islip, The Rinx, Just finish, Inc, all race sponsors, the police and volunteer fire departments and their representatives, successors, and assigns, for any and all injuries suffered by me n this event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event, and that my physical condition has been verified by a licensed Medical Doctor. If signed by a parent, the parent agrees to release and hold the above-named organizations and personnel harmless of any claims and rights which may be asserted on behalf of the entrant. Further, I hereby grant permission to any and all of the foregoing to use photographs, video tapes, motion pictures, recordings, or any other record of this event for any purpose whatsoever.

Signature: _____

If under 18 yrs old, signature of parent/guardian: _____